

Become a Digital Connector



No one should face a problem alone.

Everyone needs a bit of support sometimes. As a **Digital Connector** for The Mix you could be that somebody for a young person in distress, in trouble, in danger or in crisis. It's really easy to get started and something you can do from a place comfortable to you - be it at your desk or at home.

What does volunteering look like?

As a **Digital Connector** you'll be part of a team offering emotional support to young people who often feel they have nowhere else to turn.

You will talk to young people about a variety of issues via online web chats and email. Based in your home or at your desk, you'll volunteer for three hours (in one sitting) a week. No experience is needed as full training and development opportunities will be provided.

Change a life and maybe your own?

As a **Digital Connector** you can make a real difference to the lives of vulnerable young people in the UK and to your own life too. You'll learn how to improve your communication skills, improve your listening skills, gain leadership experience and enjoy that great feeling that comes with helping others. You'll also meet some amazing people when you're volunteering and at the regular social events we run for our volunteers.

Why volunteer for The Mix?

Today's young people face an unprecedented range of challenges. They are possibly the first generation worse off, both physically and emotionally, than their parents. Their issues are intertwined so there is rarely a simple answer to their problems.

The Mix is always there for them, providing help, information and support 24/7 throughout the year. With your support we'll be there to help them face whatever life throws their way.

Get started straight away.
To find out how email volunteering@themix.org.uk



ESSENTIAL
SUPPORT FOR
UNDER 25s

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THEMIX.ORG.UK

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