

## Home Truths Information Pack

### What is Home Truths?

**Home Truths** is the one stop shop tool for under 25s moving out for the first time. Living away from home for the first time is an eye-opening and daunting experience. We provide the real Home Truths to make sure young people are ready for what's to come!



### How it can help?

Home Truths informs under 25s exactly what's to come so that they're prepared for things like confrontation with a new housemate, unexpected bills, or the mould taking over the entire bathroom.

### Who does it benefit?

Home Truths is for any young person who is either thinking about moving out on their own for the first time, or are in the early stages of independent living. It's particularly useful for those who are:

- Living in social housing
- First time private renters or students

### How do I use it?

You can access the Home Truths tool via [TheMixUK.org/HomeTruths](https://TheMixUK.org/HomeTruths), select the type of housing you live in, or what you are going to live in, and pick up the keys to your virtual house. You'll then be able to navigate from room to room, where you can interact and learn about all the things you might face when living on your own for the first time. To help you along the way, there are quizzes and badges to mark your progress.

## **How can I help?**

We'd be very grateful if you could signpost to the Home Truths tool from your social media accounts, intranet, newsletters, and any way in which you correspond with your tenants.

Additionally, we're looking for people to share their experiences of life away from home through our 'Your Home Truths' campaign to help others ([www.thesite.org/your-voices/campaigns/your-home-truths](http://www.thesite.org/your-voices/campaigns/your-home-truths)). You can share horror stories, the unexpected things to pop up, and those unbelievable tales. We'd also like your top tips for how you dealt with them.

## **Posting on social media:**

You could help by sharing the Home Truths campaign on social media, using the #HomeTruths hashtag. Here are some posts which you can copy and paste. We have also provided images in this email to use alongside these:

- Moving out for the first time? Get the REAL #HomeTruths [www.themixuk.org/hometruths](http://www.themixuk.org/hometruths)
- Get yourself ready for life away from home with @YouthNetUK #HomeTruths - with content on everything from budgeting to cleaning [www.themixuk.org/hometruths](http://www.themixuk.org/hometruths)
- Prepare yourself for life in your new home with #HomeTruths - [www.themixuk.org/hometruths](http://www.themixuk.org/hometruths)
- Get all the facts ahead of moving out for the first time with our #HomeTruths - [www.themixuk.org/hometruths](http://www.themixuk.org/hometruths)

(Facebook):

- 'Prepare yourself for the big move out with @TheSite.org #HomeTruths: [www.themixuk.org/hometruths](http://www.themixuk.org/hometruths). It provides everything you'll need to know about living independently.

If you could also tag @YouthNetUK and @TheSite in any of your posts, we'd also be hugely grateful.

## **Posters for printing and distribution:**

We've created three distinctive posters to print out to help you sign post the young people you are working with to Home Truths. These are attached in the email and at the end of this document.

## **Videos to share:**

Does your audience prefer videos? Well we've made two to help people understand what Home Truths is, how it can help them and where to find it. These can be both shared with your audience and embedded on your websites:

- *Full length:*  
<https://www.youtube.com/watch?v=4D5sfre0SFM>

Embed code: `<iframe width="560" height="315" src="https://www.youtube.com/embed/4D5sfre0SFM" frameborder="0" allowfullscreen></iframe>`

- *15 seconds version:*  
<https://www.youtube.com/watch?v=-il26XcGLJY>

Embed code: `<iframe width="560" height="315" src="https://www.youtube.com/embed/-il26XcGLJY" frameborder="0" allowfullscreen></iframe>`



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HOME  
TRUTHS**

at [themixuk.org/hometruths](https://themixuk.org/hometruths)



#HomeTruths

**THE MIX**

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**THE MIX**