









# SWIPE RIGHT\*

TO FIND YOUR PERFECT
VOLUNTEERING MATCH





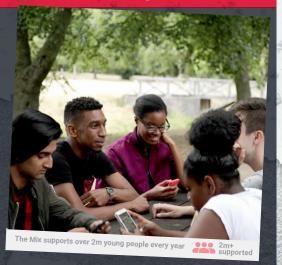


## Give your time and help support millions of young people

No matter what issue a young person is dealing with, be it a one-off problem, something embarrassing or a life changing event, with your support The Mix will always be there for them. The Mix provides help, information and support 24/7 throughout the year to 2 million under 25s.

#### Volunteer for The Mix...

- In our London office or in the comfort of your own home, with flexible shifts
- To learn new skills through comprehensive training and ongoing support
- To meet new people and boost your confidence



# Find your perfect volunteering match

In our office



### At your home

#### **Counselling Volunteer**

Join our in-house counselling team to offer short term interventions to young people who might be accessing support for the first time.



#### **Community Champion**

Community volunteers generate conversations on our message boards. Bring your imagination and writing skills!



## **Helpline Volunteer**

Volunteer at our help line in London or from the comfort of your own home.



#### **Focus Groups**

Attend our fun and interactive workshop sessions to help us create new digital products that will support young people.



#### **Online moderators**

Help us safely run our community support areas. We run nightly web chats, daily forums and also get thousands of comments on our articles and videos - all of which you will help to moderate.

Get started straight away email us at volunteering@themix.org.uk



THEMIX.ORG.UK