

# TALK ACTIVITY

## 5 minutes - WE CAN

**How to play:** Can you think of anything that you can all do more of as a family when it comes to tech? And is there anything you could perhaps do less of?

Can each family write down the two following statements...

**'What we can do more of' &  
'What we can do less of'**

What can you all agree would be good to try? Remember – it is not about somebody else being right or wrong, but how you can work together to make sure your digital family life is healthy and happy.



# TALK ACTIVITY

## 10 minutes - EMOJI STORY

Look at the  
emojis here.  
Can you guess  
the movie\*?



Now, can you try to create an emoji story of your own. It can be any type of story you can think of. Maybe a funny thing that happened to your family. Or a holiday you went on together. Or even the plot of a movie you all saw.

Use emojis to tell your story and then see if your family can guess what your story is all about.

\*Answer: Ghostbusters



# TALK ACTIVITY

## 20 minutes - SAY, THINK, HEAR



**How to play:** This game is about conversations and how things can get lost in translation. It's those moments when somebody may think one thing, but says something else. And the other person hears something different, more negative than was intended

Look at each of the conversation lines together. Discuss what someone says, and what they think – and then fill in the blank of what you think the other person might hear.

**SAY:** You're too young to be on that app, and that's the end of it

**THINK:** I've read the scary stories about that app, and it terrifies me

**HEAR:** I don't trust that app, and I don't trust you

**SAY:** Why do you waste all your money on that game?

**THINK:** I honestly don't understand the point of virtual items in games

**HEAR:** .....

**SAY:** But all my friends are allowed to do it, you're so unfair

**THINK:** I feel like a total social outcast, I wish you understood

**HEAR:** .....

**SAY:** You wouldn't understand

**THINK:** If I told you, I'd get in trouble

**HEAR:** .....

**SAY:** Maybe you can do it when you're older

**THINK:** Maybe you can do it when I get used to the idea

**HEAR:** .....

**SAY:** Stop messaging your friend, you're on there too much

**THINK:** I wish we could find a way to talk ourselves

**HEAR:** .....